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Specialty Edition: Musculoskeletal Sciences and Work Rehabilitation





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The official language of the Journal is American (US) English.

IJOT welcomes submissions of original scientific research papers, review papers, case reports, preliminary articles, editorials, and specialist issue editorials, on all aspects of occupational therapy. It also includes publication of book reviews & letters to the editor.

The conference (OTICON) abstracts (of oral and e-poster: research papers only), will be published every year in IJOT - Issue 2: April-June.

IJOT - Issue 4 October-December will be the specialty edition every year based on specialty theme pre-decided by the editorial board. This Issue will also include guest editorial solicited to an experienced researcher in the pre-decided theme.

IJOT welcomes contributions/announcements on news, academic events and information related to occupational therapy, allied healthcare and rehabilitative aspects, from all over the world.

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The Indian Journal of Occupational Therapy

Specialty Edition: Musculoskeletal Sciences and Work Rehabilitation

Volume: 51 Issue: 4 October-December 2019

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World OT Day and AIOTA's OTIndia Month 2019

The All India Occupational Therapists' Association (AIOTA) celebrated the World OT Day during AIOTA's OTIndia month (27th October to 26th November) in Mumbai on 9th November 2019. The highlights of the celebrations were pre-event press release for about 1 week in print and electronic media in the commonly spoken local languages: English, Hindi and Marathi. Then on 9th November, a walkathon with the theme 'Improving World Health and Well-being' was organized in collaboration with Seth G. S. Medical College and K. E. M Hospital, Mumbai, Mumbai Branch of the AIOTA and Occupational Therapy (OT) colleges of Mumbai and Navi Mumbai and AIIPM and R and Tata Cancer Hospital, Mumbai. About 3-km walk with participation of about 500 members, AIOTA and ACOT EC officials and executive members, IJOT editorial board members, faculties, clinical OTs and enthusiastic students, was superbly organized. The highlight of the superbly organized walkathon was display of banners of the AIOTA's state branches for its projection as national event of occupational therapists (OTs) in India. Dr. Hemant Deshmukh, Dean, Seth G. S. Medical College, Mumbai and Dr. Anil K. Srivastava, President, AIOTA flagged off the rally. Members of all state branches of AIOTA also marked their presence with branch banners. This was followed by Street Plays performed by enthusiastic students from all participating OT colleges at different locations to bring about awareness of OT roles and services. Later in the afternoon a press conference was organized at the Press Club of India, Mumbai. The event had a wide coverage on print and electronic media. President, AIOTA in his address to press highlighted multifaceted professional issues like need for a Central Council, mandatory Inclusion of OT in key program and policies of Government of India like the National Health Policy, Rural Health program, Clinical Establishment Act, National Education Policy for ensuring the rights of persons with dysfunctions and disabilities in getting served by this profession.

The month-long awareness drive throughout the country included various other activities such as seminars, panel discussions, poster presentation, awareness presentations, awareness rallies, street plays, camps and much more. Almost all states/cities in India through institutions, hospitals, rehabilitation centers and state branches, organized awareness program during OT India month.

ICMR RESEARCH PROJECT TO DR. KAMAL NARAYAN ARYA, NEW DELHI

Dr. Kamal Narayan Arya, Lecturer (Occupational Therapy), Pt. Deendayal Upadhyaya National Institute for Persons with Physical Disabilities, New Delhi, has recently been granted a research project, funded by Indian Council of Medical Research (ICMR), New Delhi. The title of the project is 'Neural-plasticity based Sensory-Rehabilitation Protocol in Post-Stroke Hemiparesis'. The duration of the project is 3 years with a provision of a Project Technical Officer (Occupational Therapist).

Dr. Shovan Shaha Included as Author in American Text Book and for WHO Meeting

- Dr. Shovan Saha, Associate Professor, OT, MAHE, Manipal, is included in a team of authors for an American textbook. This book 'Hand and Upper Extremity Rehabilitation: A Quick Reference Guide and Review, 4th edition, Exploring Hand Therapy Inc., St. Petersburg, Florida. ISBN: 9780988460483 happens to be one of the most popular book amongst physical and occupational therapist who aspire to pursue hand rehabilitation as a career in 40+ countries. [Saha, S. (2019) Tendon transfer (pp. 588-601) and Saha, S., Karmaker, M. and Guest, D. (2019) Referenced practice exam (pp 610). In S. Weiss and L.C. Rogers (Eds.)]
- First time an Indian OT from India had the opportunity to be part of the Indian team and make a presentation inside the Executive Board Room of WHO Headquarters, Geneva, Switzerland. Dr. Shovan was invited at 'Global Report on Effective Access to Assistive Technology' consultation on 22nd and 23rd August 2019, organized by WHO with about 200 members from more than 50 countries.

I.N.D.I.A. EBUS: INDIVIDUAL NEWBORN DEVELOPMENTAL INTERVENTION APPLICATION: DIGITAL APPROACH TO NEURODEVELOPMENTAL CARE IN N.I.C.U.: E-BOOK BY DR. HEMANT P. NANDGAONKAR

INDIA EBUS is designed for protecting brain at the earliest for better performance throughout life. INDIA is an acronym for Individual Newborn Developmental Intervention Application. EBUS stands for Evidence Based and Ultra SMART (specific, measurable, accountable, realistic solutions for timely-intervention).

The E-book authored by Dr. Hemant P. Nandgaonkar, Assistant Professor, OT, Seth G. S. Medical College, Mumbai addresses the challenges like competing priorities, knowledge gaps, staffing demands, access to appropriate therapeutic resources, and documentation limitations in a thoughtful, comprehensive and practical way. The author provides evidence-based strategies and resources to improve not only the quality of the neurodevelopmental supportive care but, also the consistency and coherence in which the care is documented. Clear, concise, comprehensive documentation has been proven to positively impact patient outcomes. The book is published on November 19, 2019 by Amazon Digital Services LLC. Visit the E-book on: https://www.amazon.

com/I-N-D-I-Individual-Developmental-Intervention-Application-ebook/dp/B081S51FR5.

Dr. Hemant P. Nandgaonkar. Email: nandgaonkar.hemant@gmail.com

BOOK ON 'COMMUNICATION SKILLS FOR PROFESSIONAL AND STUDENTS' BY DR. AMITABH K. DWIVEDI

A book on 'Communication Skills for Professional and Students - An Occupational Therapy Perspective' authored by Dr. Amitabh K. Dwivedi, Professor and Dean, Jaipur OT College, Jaipur. It is published by Notion Press and released in February - March 2019. The book is aimed to strengthen the communication skills of professionals and students entering the competitive professional field.

DR JOSEPH SUNNY AS A CO-AUTHOR IN THE BOOK ON 'SEXUAL ABUSE OF CHILDREN'

A book on 'Sexual Abuse of Children - A Guide for Caring Adults' authored by Advocate Jose Abraham and Dr. Joseph Sunny (OT from Cochin) and published by Paedia Books, New Delhi is released on 14th September, 2019 at Renewal Center, Ernakulum. The foreword written by Justice Cyriac Joseph informs that the book is comprehensive and deals with various aspects of sexual abuse of children, are in simple and clear language. He appreciated the commendable efforts of authors to provide information on proper legal education and awareness among stakeholders.

DR SHASHI OBERAI INCLUDED IN DEVELOPMENT GROUP FOR PEOPLE WITH ISCHEMIC HEART DISEASE PROJECT OF WHO

Dr. Shashi Oberai on recommendation of the AIOTA, is selected by WHO, to participate on the 'Development Group for People with Ischemic Heart Disease', as a representative of the World Federation of Occupational Therapists (WFOT). She will be provided with a WFOT certificate of appreciation upon notification of the completion of the work on the Development Group.

Initiatives by Professor Dr. Jayashri S. Kale for ot Promotion

Dr. Jayashri S. Kale, Professor and Head, OT School, Seth G. S. Medical College, Mumbai was invited as subject expert on occupational therapy in healthcare live program telecasted on DD Sahyadri on 16th July, 2018, also for live program telecasted on DD Sahyadri on Hemophilia awareness and role of OT in April, 2019. Further in March, 2018, DD Sahyadri invited her for an interview on Scientific Approach in Musculoskeletal Rehabilitation.

Dr. Shilpshree P. Palsule, Assistant Professor, Seth G. S. Medical College, Mumbai was also invited for a live program on DD Sahyadri: Hello Doctor: telecasted on 18th January, 2019

as subject expert for occupational therapy in musculoskeletal conditions.

An article on occupational therapy was published in Samna local edition in Marathi on Preventive Role of Occupational Therapy in Prevention of Heart Disease in Lokmat, Marathi newspaper. An article also appeared in Loksatta, on OT intervention in management of Arthritis. She was also a panelist and resource person for Dr. Aruna Tole Oration on Cognitive Rehabilitation in Mumbai.

2020 Usc Summer Occupational Therapy Immersion Program

The University of Southern California (USC) Chan Division of Occupational Science and Occupational Therapy (USA) has announced '4 weeks duration *USC Summer Occupational Therapy Immersion (SOTI)* program' designed for international occupational therapy (OT) students and practitioners who are interested in learning more about OT practice in the United States. The 2020 SOTI program will be held from 1st July to 30th July, 2020. For more information may visit: http://chan.usc.edu/soti

NEONATAL THERAPY WORKSHOP, NEW DELHI

Neonatal Therapy Workshop was organized by Genesis NeuroGen, Delhi in collaboration with Academic Council of Occupational Therapy (ACOT) of the AIOTA and Swami Dayanand Hospital, Delhi on 7th and 8th December, 2019. The key faculties were Dr. Jyothika N. Bijlani, Dean ACOT and Neonatal Occupational Therapist, Mumbai and Dr. Shailaja S. Jaywant, Assistant Professor, OT school and centre, LTMM College and General Hospital, Sion, Mumbai. Dr Piyush Jain, President, Association of Paediatricians, East Delhi and Chairman, Genesis NeuroGen, Delhi, Dr. S. S. Bisht, Neonatologist and Incharge of Neonatology unit, Swami Dayanand Hospital, New Delhi, Dr. Raj Kumar Sharma, EC member, AIOTA and Dean, Allied Health Sciences, Santosh deemed to be University, Ghaziabad and Dr. Charu Arora, HOD, Occupational Therapy Department, Amar Jyoti Charitable Trust and Genesis NeuroGen, Delhi were the dignitaries present during the valedictory function.

Office Ergnomics: Module 1 and 2, Mumbai

Academic Council of Occupational Therapy (ACOT) has successfully organized the AIOTA's Workshop on Office Ergonomics: Modules 1 and 2 on 13th to 15th December, 2019 at LTMM College and General Hospital, Sion, Mumbai. Dr. Bharti Jajoo, Certified Ergonomic Assessment Specialist, was the resource faculty.

DYNAMIC SPLINTIG WORKSHOP BY ORFIT INDUSRIES (UK) IN MUMBAI

Orfit Industries, UK is organizing a workshop on Dynamic Splinting on 19th January, 2020 at Seth G. S. Medical

College, Mumbai. Dr. Le Roy Bjorn, Occupational Therapist, Product Management, Orfit Industries, will be the resource person.

Contact: Dr. Sapna Mishra (Mobile: +91-99820659879) or Dr. Vaijanti Jain (Mobile: +91-9819605032) for registration.

INSIGHT INTO PD GLOBAL ONLINE SUMMIT

Global online Parkinson's Conference by INSIGHT 2020 and hosted by PD Warrior will be organized from 1st to 3rd April, 2020. Professionals, people with Parkinson's, their family and caregivers may register for free. The Keynote presentation will be delivered by Professor Bas Bloem, world-renowned Dutch neurologist. Write to Melissa McMonaghy, Founder INSIGHT into PD and PD Warrior at: melissa@pdwarrior.com via ontramail.com.

3RD CAREHAB 2020 BY PACIFIC CANCER CENTER

3rd CAREhab 2020 is rehabilitation focused academic program happening in Singapore from 14th to 15th February, 2020. The program is co-organized by the Society of Rehabilitation Medicine (Singapore). For more details and registration visit: https://www.carehab-singapore.com/page/2-registration

2ND **A**NNUAL **N**ATIONAL **C**ONFERENCE **N**EOANT'**2020**, **M**UMBAI

2nd Annual National Conference Neoant'2020, will be organized by the Association of Neonatal Therapists on 14th March, 2020 at Surya Hospital, Santacruz, Mumbai. The theme of the event is 'Integrating Trauma Informed Practice in NICU'. For more information write to: neonataltherapistindia@pb02. wixshoutout.com

7TH ASIA PACIFIC OCCUPATIONAL THERAPY CONGRESS, MANILA

The 7th Asia Pacific OT Congress (APOTC) will be organized in Crowne Plaza Manila; Galleria from 18th to 20th November, 2020. The Congress' theme is "Celebrate Occupation. Celebrate Life." Visit website: https://www.apotc2020.com/or may write to R. Lyle Duque at email: lyle_d5@yahoo.com for more information.

REGISTRATION OPEN

- oTICON2020, Mumbai: The 57th annual national conference of the AIOTA i.e. OTICON'2020 is being organized from 16th to 18th January, 2020, at Ravindra Natya Mandir, Prabha Devi, Mumbai. The theme of the conference is 'Cognition, Mobility, Agility, Stability-Ability: Towards Functional Independence'.
 - For registration and conference information contact Professor Dr. Jayashri S. Kale, Organizing Secretary, OTICON'2020 at email: jayashrikale@yahoo.com or oticon2020@gmail.com and/or visit website: https://www.oticon2020.com/or www.aiota.org
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The courses are available online, by email, by eBooks and by mail (A shipping fee will be added for mail courses). We do not charge membership fees or annual fees.

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